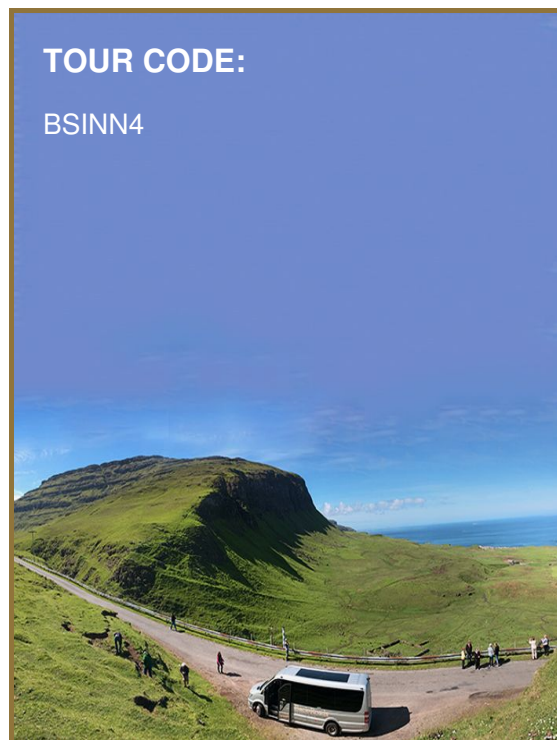




## Blue-Roads | Europe (BRT)

Southern Italy beguiles every sense. On this enchanting journey we'll step back in time to the days of the Roman Empire in the historic Bay of Naples, explore the pastel-hued cliffside villages of the Amalfi Coast, tour cascading Victorian-inspired gardens and revel in the opulence of the Italian Baroque period. All the while savouring exquisite regional delicacies and gaining a unique insight into local cultures and centuries-old traditions of the Mezzogiorno.



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# Thank you for choosing **Blue-Roads**

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Your extraordinary adventure awaits!

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## About your tour notes

These tour notes contain everything you need to know before your tour departs – from where to meet your fellow guests and local guide to what essentials to pack for your journey.

We recommend you print this document out and bring it with you on your tour. Give a copy to loved ones at home so they can follow your adventure, too.

IMPORTANT: please refresh this document as close to your departure as possible to ensure you're equipped with the latest information available.

### THE BLUE-ROADS DIFFERENCE

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- ✔ Visit the exquisite 18th-century Royal Palace of Caserta
- ✔ Visit a lemon grove near sleepy Minori and indulge in a zesty tasting spread
- ✔ Spend a day exploring the breath-taking and idyllic island of Capri

### TOUR CURRENCIES

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- Italy - EUR

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# Your itinerary

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## DAY 1 | NAPLES (ITALY)

A hub of intoxicating culture and historic masterpieces – we'll meet the group in the electric city of Naples. Our included dinner tonight is a chance to get to know each other better – and sample some sumptuous Italian cuisine. Here's to an incredible journey ahead! Accommodation: Hotel Royal Continental (or similar)

### MEALS:

✓ Dinner

## DAY 2 | NAPLES – POMPEII – PAESTUM

This morning will begin with a walking tour of Naples' historic centre. A local guide will lead us into the labyrinthine of streets in search of the Cappella Sansevero – the home of the Veiled Christ, one of the finest sculptures in the world. Then, we'll be transported back in time with a visit to one of the world's most famous archaeological wonders: Pompeii. After spending some time exploring this fascinating site with a local guide, we'll continue to the World Heritage-listed city of Paestum – where we'll have the evening to spend at our leisure. Accommodation: Il Granaio dei Casabella (or similar)

### MEALS:

✓ Breakfast

## DAY 3 | PAESTUM – MINORI

This morning, we'll be welcomed at a local farm – where we'll view the resident buffaloes and be lucky enough to observe the preparation of light, fresh mozzarella. We'll then take a guided tour of Paestum – home to three of the world's best-preserved Greek temples. Visiting the magnificent temples, Roman Forum and the Amphitheatre, we'll uncover the enthralling history of this glorious archaeological site with a local guide. Then? A kitchen piled high with fresh local produce awaits us back at the farm. Time for a cooking lesson! Our hard work will be rewarded as we savour our own creations at lunch with the host family. Today's ventures will end in quaint Minori, our base for the next five days. Accommodation: The Minori Palace Hotel (or similar)

### MEALS:


✓ Breakfast

✓ Lunch

## DAY 4 | MINORI – RAVELLO AND TRAMONTI – MINORI

Today's first stop is the hilltop town of Ravello – where we'll visit the grand Villa Rufolo and the splendid Villa Cimbrone. Then: we'll move on to a local lemon grove for an afternoon with a zesty twist. Amalfi is famous for its succulent and fragrant lemons, so there is no better place to dive into a tasting of limoncello and lemon-infused local specialties. Back in Minori, the evening is yours to spend at your leisure. More relaxed than its glitzy cousins, Amalfi and Positano, Minori's small-town grace and atmospheric seafront will undoubtedly capture your heart. Accommodation: The Minori Palace Hotel (or similar)


### MEALS:

 Breakfast

## DAY 5 | MINORI – AMALFI AND POSITANO – MINORI

The dramatically set cliffside town of Amalfi is nothing short of magnificent. After wandering the sun-filled piazzas and pretty beachside on an orientation tour, we'll venture onwards to the blissful town of Positano. Enjoy some free time here to explore the picture-perfect cascade of terracotta houses, lively restaurants and alluring boutique storefronts, before returning to Minori. We'll spend the afternoon learning the intricacies of ceramic decorating from a local artisan. Then, will have plenty of time to enjoy Minori's coastal charms at our leisure. Accommodation: The Minori Palace Hotel (or similar)

### MEALS:

 Breakfast

## DAY 6 | MINORI – CAPRI – MINORI

A tour highlight beckons today! After breakfast, we'll take a short ferry across to the picturesque island of Capri and enjoy a ride on the charming funicular railway – which will whisk us away from the port and into Capri town's elegant piazza. We'll orientate ourselves around the village – strolling through the lanes of chic cafes and exclusive boutiques, before relishing in some free time to explore at our own pace. Upon returning to Minori later this afternoon – we'll have a free evening to indulge in a little dolce vita. We recommend finding a restaurant in town and sampling the local specialty of scialatielli – a thick pasta with a heritage dating back to medieval times. Accommodation: The Minori Palace Hotel (or similar)

### MEALS:

 Breakfast

## DAY 7 | MINORI – MAIORI, CETARA AND VIETRI SUL MARE – MINORI

Today's agenda will see us explore some hidden gems of the Amalfi Coast. First: Maiori – a beautiful village that is home to the largest beach in the area and an array of grand historical buildings, including the church of Santa Maria a Mare. We'll continue the adventure with a stop at the fishing village of Cetara before landing in Vietri sul Mare – a town famous for its hand-painted, vividly coloured ceramics. After a full day of exploring, we'll enjoy some free time back in Minori. And tonight? We'll come together and clink glasses over a delicious farewell dinner. Accommodation: The Minori Palace Hotel (or similar)

### MEALS:

 Breakfast

 Dinner

## DAY 8 | MINORI – PALACE OF CASERTA AND SANT'AGATA DE' GOTI – NAPLES

For the final day of our tour, we'll say goodbye to the Amalfi Coast and move on to the 18th-century Royal Palace of Caserta – an exquisite example of the Italian Baroque period. Then: from the royal to the rustic. Our next stop will be a farmhouse in Sant'Agata de' Goti, where we'll taste fabulous Falanghina wines produced from black grapes grown in the Campania region. For one last Italian indulgence, we'll sit down to a pairing with local produce for lunch – before concluding our journey back in Naples.

### MEALS:

- ☑ Breakfast
- ☑ Lunch





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## Tour information

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### Meals

#### **INCLUDED MEALS**

Breakfast (B) is included daily.

Some of your lunches and dinners are also included, either in hotels or local restaurants. These are indicated by (L) and (D) in the itinerary.

Please note that drinks will not always be included.

We will do our best to accommodate any specific dietary requirements you may have. Please ensure to make these clear to us before your tour begins so we can communicate them to our hotels, restaurants and suppliers.

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# Other information

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## Finances

### CHANGING MONEY

CASH: Foreign money can be changed at banks, airports, some railway and tube stations, and at major hotels (though at a less favourable rate).

CREDIT CARDS: Visa and MasterCard are widely accepted. American Express is only accepted in some larger establishments.

CASH MACHINES: ATMS are widely available.

### TIPPING

Tipping is entirely at your discretion. If you feel you have received exceptional service, it is recommended that you tip £1-2/€ per day for Drivers and £4- 5/€ per day for Tour Leaders.

## Insurance

Before travelling with Blue-Roads Touring, it is compulsory for all guests to take out comprehensive travel insurance. Please ensure your insurance covers medical expenses (including repatriation), cancellation cover, loss or damage to baggage and personal effects, money and personal liability.

We recommend you carry your insurance details with you at all times. You may be asked to provide details of your medical insurance or a payment guarantee in some countries before medical assistance can be provided.

For more information, please see our FAQ page:  
[www.blueroadstouring.com/faqs](http://www.blueroadstouring.com/faqs)

If you have any further questions, please don't hesitate to contact our friendly Customer Service team: [www.blueroadstouring.com/contact-us](http://www.blueroadstouring.com/contact-us)

## Passports and visas

Please ensure your passport is valid for at least six months after the last day of your tour. Some countries will refuse entry if you do not have at least six months validity remaining on your passport after your departure date. Depending on your nationality, you may require a visa to enter certain countries.

It is your responsibility to obtain visas prior to your tour's departure. To determine which visas you'll need, you can consult either your own government's website or the government websites of the countries in which you will be travelling.

PLEASE NOTE: Some visas can take up to six weeks to acquire, so don't leave it until the last minute. Also, bear in mind that the validity of a visa often runs from its date of issue rather than the date of entry into the country. Please check with the appropriate embassy/embassies prior to departure as requirements do change periodically.

We advise you to either carry a photocopy of your passport (and visa, if applicable) with you while abroad, or to ensure that you leave a copy with relatives back at home. This will enable the local embassy or high commission to arrange a replacement if the original should be lost or stolen. If you do take copies with you on your tour, please ensure that you keep these separate from your

## Medication and mobility

Whilst on your tour, we want you to have the smoothest journey possible which requires some mobility conditions:

- You must be fit enough to get on and off the vehicle on a regular basis, and to walk around towns and villages or to attractions.
- You must be able to walk up and down stairs and use a shower over the bath.

Please note that, unfortunately, we are unable to accommodate mobility scooter or wheelchair users as we frequently stay in traditional-style hotels and the majority do not have lifts or ground-floor rooms.

If you take medicine for certain conditions, such as diabetes or heart problems, please carry it with you at all times.

Please declare any medical conditions you may have in advance of your tour. If you are in any doubt as to whether our tours are suitable for you, please contact our friendly Customer Service team:

[www.blueroadstouring.com/contact-us](http://www.blueroadstouring.com/contact-us)

## Mental health and wellbeing

Culture shock, homesickness and periods of feeling down happen regardless of age. Be rest assured that if you're feeling low, your Tour Leader and Driver will do their utmost to make you smile.

Measures you can take to look after your mental health and wellbeing while on the road with us are:

- Call loved ones. Hearing a familiar voice whilst in an unfamiliar destination can help ground you and remind you you're not alone.
- Eat well. Nobody feels their best when they're hungry. There are plenty of nutritious culinary delights to be savoured along the road!
- Integrate with your fellow guests. The more you socialise with the group, the less likely you'll feel homesick.

## Transport

We travel in premium mini-coaches equipped with comfortable seats, air conditioning and large windows for enjoying the view.

With far more flexibility than a standard-size coach, we're able to take the scenic route – winding through beautiful countryside to the heart of tiny villages and coastal towns.



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# What to bring

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Based on our experience, the following items are essential.

Please note, this is a general packing list for Blue-Roads tours. What you pack will depend on the countries you're visiting as well as the time of year you plan to travel.

## CLOTHING:

- |               |                             |                                   |
|---------------|-----------------------------|-----------------------------------|
| ☑ Sun hat     | ☑ Long-sleeved tops         | ☑ Light jacket                    |
| ☑ Sunglasses  | ☑ Short-sleeved tops        | ☑ Waterproof jacket               |
| ☑ Sleepwear   | ☑ Shorts/skirts             | ☑ Trousers                        |
| ☑ Warm jacket | ☑ Socks                     | ☑ Swimwear                        |
| ☑ Underwear   | ☑ Smart casual evening wear | ☑ Walking shoes/comfortable shoes |

## OTHER THINGS TO PACK:

- |                           |  |                    |
|---------------------------|--|--------------------|
| ☑ Multi-use adapter plug  | ☑ Toiletries   | ☑ Camera           |
| ☑ Batteries               | ☑ Sunscreen  | ☑ Towel            |
| ☑ Umbrella                | ☑ Reusable water bottle  | ☑ Insect repellent |
| ☑ Any personal medication | ☑ Basic medical kit (including paracetamol, aspirin, plasters etc) |                    |

# That's it!

**We look forward to seeing you on tour.**